

VWASIG Minutes – December 14, 2016

VWASIG trustees met on December 14, 2016 at Willow Bend Country Club at 9:00am. Members present at the time of roll call include Ken Amstutz, Ray Burden, Debbie Compton, Ruth Ann Dowler, Hollie Ford, Kevin Gehres, Brian Gerber, Staci Kaufman, Todd Keller, Matt Krites, Jeff Snyder, Cindy Tinnel, Rachael Thomas, Carol Williman and Carolyn Winhover. A proxy was received for Mike Estes. Also present were Kris Gerken, Ally Druckemiller, Mike Ruen, Ashley Whetsel, Troy Bowersock and Kimberly Jones.

Minutes of the October 6, 2016 meeting were reviewed and approved. Staci Kaufman made a motion to accept the minutes. Ray Burden seconded the motion. Voice vote: Yes – 14; No – 0.

Mike Ruen gave the Financial Spending report for the months of October 2016 and November 2016. Claims continue to be high. Mike filed for AETNA Wellness reimbursement for \$25,000. In January we will pay the transitional reinsurance fee, and that should be the last time. Brian Gerber made a motion to accept the financial report. Debbie Compton seconded the motion. Voice vote: Yes - 14; No – 0.

Mike Ruen also gave the Flexible Spending report for October 2016 and November 2016. The balance is a bit lower due to the flex holiday. There have been no proceeds for three months so the balance is being drawn down. Jeff Snyder made a motion to accept the flex spending report. Kevin Gehres seconded the motion. Voice vote: Yes - 14; No – 0.

Kris Gerken stated that the plan design and funding changes beginning 1/1/17 should help with our low balance. Kris presented an AETNA Utilization Dashboard report, which compares key numbers between plan years 10/1/14-9/30/15 and 10/1/15-9/30/16.

Ally Druckemiller gave an update on Teledoc and Compass. Two people used Teledoc for the month of October, and there have been 50 uses YTD. Compass has a 4% utilization rate, which is still low. The Compass fee is approximately \$2,500/month, which is \$35,000 through 14 months ending November 2016, or \$30,000 per year. Teledoc is around \$2.00 per employee per month or \$12,000 to \$15,000 annually. This is about \$45,000 per year with very little utilization.

Ally noted that Huntington has a new compliance officer. She reminds treasurers that annual notices can be done every January or at Open Enrollment, with customization (Huntington to send treasurers a template). Also, AETNA provided a report that will help with employer reporting, and the 1095 deadline to employees has been extended to March 2.

Anne Dunn and Kimberly Jones gave the wellness update.

- VWASIG Aggregate Wellness Report for 2016
 - 66.33% have completed the Health Risk Assessment
 - 233 flu shots given
 - 311 screenings completed
 - A handful of people had critically high blood pressure and sought treatment immediately
 - Report listed percentages for tobacco use, weight, stress levels, top diseases and disease risk
 - Next step is to meet with district superintendents and champions to develop operating plan for each entity
- Recommendations for 2017
 - Use WCORHA/VWCH for flu shots (cost is \$20/person)
 - Screenings with biometrics and blood profile

- Evidence Based interventions with trained presenters and accountability
 - Tobacco
 - Lifestyle
 - Health coaching
- Modified wellness incentive
- Plan to make decisions at February trustee meeting

Our next meeting will be Wednesday, February 8, 2017 at 9:00am at Willow Bend Country Club.

Kevin Gehres made a motion to adjourn the meeting. Staci Kaufman seconded the motion.

Recording Secretary: Carolyn Winhover

Date: _____